

NEWS FROM ASSEMBLYMAN MARC MOLINARO

For Release: February 18, 2010
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MOLINARO TO TAKE WINTER PLUNGE FOR DISABILITIES FUNDRAISER *Assemblyman to participate in Columbia County ARC's "Polar Plunge"*

Assemblyman Marcus J. Molinaro (R,I,C-Red Hook) announced that he will participate in the Columbia County Association for Retarded Citizens' (COARC) second annual "Polar Plunge." Molinaro will swim Upper Rhoda Pond in Copake on Saturday, February 20 to raise funds for individuals experiencing disabilities.

"I don't know whether or not I should take offense at the outpouring of support I have received since agreeing to take the Polar Plunge," said Molinaro. "Maybe a few more legislators should take the plunge. But in all seriousness, this is a wonderful opportunity to raise funds for those in our community who need our support. I've been fortunate enough to build a strong relationship with COARC over the past few years. It is a tremendous organization providing a vital community service."

The event will take place at 1:00 p.m. at 3 Cross Street in Copake. The rain date is next Saturday, February 27. It is free to the public but COARC will be accepting donations. Firefighters from the Copake Fire Department will be at the event with their ice rescue gear. Event participants also include the Copake Community Rescue squad, the Greenport Rescue Dive Team, Columbia County Sheriff's Residential Deputy, Columbia County Sheriff's Dive Team, and members of the Sheriff's Explorers Post 220.

This year, COARC celebrates 45 years of expanding abilities, one person at a time, so individuals who experience disabilities can achieve their individual goals. COARC is the Columbia County Chapter of NYSARC, Inc. It provides services and programs to more than 500 individuals and is primarily supported through state and federal funding, individual and corporate members, donors, and foundations.

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